

Whizz Kids Timetable 13 or more Children - General (Shoreham only - Swimming will replace two of the daily activities summer only.)



	8.15 am - 9.00 am	9.00am	9.15am	9.30am	10.15am	11.00 am	11.30am	12.15pm	12.45 pm	1:45pm	2.30pm	3:15pm	3.45pm	4.15pm	4.15pm - 5pm	5pm - 6pm				
Monday	Early Bird	Main Session Start	Club Run/ Exercise/ Warm Up	Whizz Kids Display	Parachute Games	Break (snack from Lunch Box)	Dodgeball	Old school Games	Lunch	Man Hunt/ Hide and Seek/ Capture the Flag	Football/ Tennis/ Tag Rugby	Tuck Shop / Break	Free Sports Choice	Club Warm Down	Late Leavers	Late Leavers +				
					Themed Junk Modelling		Painting Of Junk Modelling			Team Building	Construction		Free Creative Session Choice							
Tuesday				Dodgeball/ football/ Tennis/ Tag Rugby	Rounders/ Cricket/ Football Cricket		Themed Arts and Crafts With Music	Colouring		Free Sports Choice	Benchball/Old School Games/		Construction				Benchball/ Races/ Basketball/ Rounders	Talent Show Rehearsals	Themed Paper Plate Art	Talent Show Live
				Free Creative Session Choice	Theme of the Week Quiz					Old School Games			Frisbee/ Invasion Games				Whizz Kids Play Live Show			
Wednesday				Cricket/ Football Cricket/ Rounders	Dodgeball/ Benchball/ Tag		Themed Arts and Crafts With Music	Hangman/ 20 Questions/ Hot Seat		Free Sports Choice	Free Creative Session Choice		Whizz Kids Play Rehearsals				Food Decorating			
Thursday				Man Hunt/ Hide and Seek	Benchball/ Basketball/ Rounders/ Dance		Themed Mask Making	Story Telling		Tag Rugby/ Capture The Flag	Themed Paper Plate Art		Rounders/ Cricket/ Quick Cricket				Tennis	Free Sports Choice		
Friday				Football	Cricket		Whizz Kids Collage	Food Decorating		Old School Games	Whizz Kids Collage (Extended)		Free Choice				Party Games	Friday Film Fun	Free Creative Session	Friday Film Fun. (Extended)

If all children wish to do the same activity EG: Whizz Kids Play, this is okay and will be at the supervisors discretion

Activities Lists:

Sports Choices:

Football	Football Cricket
Cricket/Kwick Cricket	Obstacle Course
Tennis/Short Tennis	Escape & Invasion
Basketball	Parachute Games
Rounders	Benchball
Tag Rugby	Longball
Mini Sports	Frisbee
Mini Olympics	Handball
Dodgeball	Team Games
	Field Games

Plus any suggestions the children may have

Creative:

See the white board for the theme of the week

Arts and Crafts	Picnics
Face Painting	Food Decorating
Painting	Dance
Sticky Stuff	Drawing
Modelling	Drama
Play Dough	Story Telling
Treasure Hunts	Colouring

Talent Show

Easter Egg Hunts (Easter Only)

Plus any suggestions the children may have.

Team Building: an activity decided by the supervisor which must get the children to work as a team to achieve a goal

Warm Up Choices:

Sharks and Fishes
Tag
Corners
Fruit Salad
Name Games
and any suggestions the children may have.

Notes:

Food Decorating: Basic decorating ie Cake/Bun/Biscuit/Cookie decorating, rice Krispie cakes etc.

Whizz Kids Display: Welcome to Whizz Kids, each letter cut out in A4 paper and decorated in the style of the theme of the week to be displayed at reception.

Collage: This is to be added to be based on the theme of the week.

Friday session 1 they collect materials and session 3 they make the collage. This is to be displayed at reception on completion.

Free Choice: This is a choice of any of the activities listed that hasn't been done that day. The children may help in choosing this activity.

Timetable Exception: In the event that you have a particularly sporty or crafty group, the timetable may be changed to suit your children's wishes.

Junk Modelling: Using old bottles, cardboard and any other forms of recyclable materials to create a model in line with the theme of the week

Arts and Crafts: In line with the theme of the week with music on in the background.

Construction Corner: An area for children who don't wish to participate in the given activity.
(Please try and get the child involved 3/4 times before allowing this)

Old School Games Ideas:

Wink Murder
Sleeping Lions
four Corners
Balldog