



Whizz Kids Before and After School Club Sample Menu

Week 1:

Monday: Sausage, mash and Veg (gravy optional) (Vegan Sausages available)

Tuesday: Chicken Curry and Rice (Jacket Potato with beans Vegan option)

Wednesday: Cottage Pie/Shepherds Pie (Noodles or Beans/Cheese on toast available as Vegan Option)

Thursday: lasagna/Macaroni and Cheese

Friday: Fish and Chips/
Veggie Burgers and Chips Vegan Option

Week 2:

Monday: Chicken Wraps/ Veggie Finger Wraps

Tuesday: Jacket Potato/Taco Tuesday

Wednesday: Pasta Bake (Veg included)

Thursday: Chicken Nuggets and Chips (Vegan Nuggets available)

Friday: Pizza
